



**WELCOME TO THE OLIVE COUNSELING CENTER!**

Thank you for choosing our counseling center to help you with your counseling needs. We want to take this opportunity to explain our policies and procedures.

**APPOINTMENTS:**

We consider our appointments very important. Counseling is a commitment to work together. We hope you will also share in this commitment. Please do not miss sessions if possible. Therapy sessions are 50 minutes.

**LIMITS OF CONFIDENTIALITY:**

Information discussion in the counseling setting is held confidential and will not be shared without the written permission of the client except under the following conditions.

- The client threatens to harm self or another person.
- The client reports the abuse of a child, a person who is elderly, or a person who is disabled.
- The client reports sexual exploitation by a counselor, therapist or other mental health professional.
- Your counseling records by a state or federal court of law if legal action is taken against you.

**RECORD MAINTENANCE AND EMERGENCY SITUATIONS:**

Psychotherapy records must be maintained in our possession according to state laws. Copies of your records or a summary of such records will be provided upon written request. Reasonable cost of reproduction and time to prepare such records will be charged. If you should experience an emotional or behavioral crisis and we cannot be reached immediately by telephone, you and your family members are instructed to contact the “HELP” Line at 438-1617, dial 911, or present yourself at the nearest hospital emergency room. Our contact number is 850-473-4461.

**FINANCIAL RESPONSIBILITY:**

You are responsible for full payment of all services regardless of insurance coverage. At the completion of each session, you will receive a receipt of service that is appropriate to file with your insurance for reimbursement. Please make checks payable to Olive Baptist Church. Fees are as follows:

Individual Initial Intake Session: \$110.00 (50 minutes)  
Individual Session: \$100.00 (50 minutes)  
Family/Couple Initial Session: \$135.00 (50 minutes)  
Family/Couple Session: \$135.00 (50 minutes)

(We offer a sliding fee scale based on household income. Please let us know if you need this service. We do not want money to be the reason you do not receive help.)

We accept the following major credit cards: Visa, MasterCard, Discover and American Express. No fees will be charged for appointments canceled 24 hours or more prior to appointment date and time. *If you cancel your appointment less than 24 hours before it is scheduled to take place, you will be subject to a charge of half your session fee.* You will not be seen again until the cancellation charge is paid. To avoid a cancellation fee, please provide cancellation notice at least 24 hours prior to your appointment. Voice mail is available 24 hours a day and messages are checked each business day. You may call 850-473-4461.

**SOCIAL MEDIA AND TELECOMMUNICATION**

Due to the importance of your confidentiality and the importance of minimizing dual relationships, we do not accept friend or contact requests from current or former clients on any social networking site (Facebook, Instagram, LinkedIn, etc.) We believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. If you have questions about this, please bring them up when we meet and we can talk more about this matter.

I have read the Financial and Confidential Policies outlined in this document and agree to comply with these policies. I agree to the limits of confidentiality.

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Client’s Signature \_\_\_\_\_ Date \_\_\_\_\_

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Parent or Guardian’s Signature \_\_\_\_\_ Date \_\_\_\_\_

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Counselor’s Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ I have your permission to leave a message at the contact number if I need to reach you or as a courtesy call for an appointment reminder. I cannot ensure confidentiality through a text message.

*Olive Counseling Center*

1830 E Olive Road  
Pensacola, Florida 32514  
850-473-4461

**FACE SHEET**

1. Patient Name: \_\_\_\_\_  
(Last) (First) (MI) (Nickname)

2. Address: \_\_\_\_\_  
Street City State Zip Code

3. Email: \_\_\_\_\_

4. Home Phone: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_

5. Work Phone: ( ) \_\_\_\_\_ 6. DOB: \_\_\_\_\_ Age: \_\_\_\_\_

7. Sex: M F 8. Marital Status: Single Married Divorced Widowed

9. Employer: \_\_\_\_\_ 10. Occupation: \_\_\_\_\_

11. Student/School: \_\_\_\_\_

12. If dependent child, are custodial parents: \_\_\_ Married \_\_\_ Separated \_\_\_ Divorced \_\_\_ Other

13. Religion: \_\_\_\_\_ 14. REFERRED BY: \_\_\_\_\_

**15. IN CASE OF EMERGENCY NOTIFY:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone( ) \_\_\_\_\_

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**FINANCIALLY RESPONSIBLE PARTY**

Guarantor's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Guarantor's Address: \_\_\_\_\_

Guarantor's Relationship to Patient \_\_\_\_\_

Guarantor's Employer: \_\_\_\_\_ Phone:( ) \_\_\_\_\_

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I understand I am financially responsible for all service rendered to me or the client and agree to pay charges at the time services are provided.

Client Signature \_\_\_\_\_ Date: \_\_\_\_\_

## Parental Consent to Treat a Minor

I, \_\_\_\_\_  
(name of Parent or Guardian of child),  
give my permission for my child,

\_\_\_\_\_ (full name of Minor),

\_\_\_\_\_ (birth date AND age of Minor),

to be treated by \_\_\_\_\_ in psychotherapy.

I also understand that for therapy to be successful with any individual, their confidentiality needs to be respected, even in the case of a minor child, **with exceptions of if the minor is a danger to himself/herself or to others.**

I understand that this permission to treat with respect for my child's confidentiality is given with my full consent. This consent will be valid throughout the duration of therapy, or until the following date: \_\_\_\_\_ (date consent expires).

\_\_\_\_\_  
Parent or Guardian's Signature      Relationship to Minor      Today's Date

\_\_\_\_\_  
Print name of Parent or Guardian

\_\_\_\_\_  
Address of Parent or Guardian (Street, City, State, Zip code)

\_\_\_\_\_  
Other Parent or Guardian's Signature      Relationship to Minor      Today's Date

\_\_\_\_\_  
Print name of Other Parent or Guardian

\_\_\_\_\_  
Address of Parent or Guardian (Street, City, State, Zip code)

I, the therapist, have discussed the issues above with the client (and/or his or her parent, guardian or other representative.) My observations of this person's behavior and responses give me no reason to believe this person is not fully competent to give informed consent and willing consent.

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Therapist

Date

This questionnaire will help me get to know a little more about your situation and how I may be of help to you. If you feel uncomfortable with any question you may leave it blank and we can discuss it when we meet.

**ADOLESCENT INTAKE FORM (ages 12-17)**  
**(To be completed by the adolescent)**

**CLIENT INFORMATION**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  Male  Female

Physical Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone (Cell): \_\_\_\_\_ Messages okay? \_\_\_\_\_

Phone (Home): \_\_\_\_\_ Messages okay? \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Race/Ethnic Origin: \_\_\_\_\_

Religious Preference: \_\_\_\_\_

**PERSONAL STRENGTHS**

What activities do you enjoy and feel you are successful when you try?

\_\_\_\_\_

Who are some of the influential and supportive people, activities (e.g. walking) or beliefs (e.g. religion) in your life? (Please describe)

\_\_\_\_\_

\_\_\_\_\_

**CURRENT REASON FOR SEEKING COUNSELING**

Briefly describe the problem for which you are seeking counseling.

\_\_\_\_\_

What would you like to see happen as a result of counseling?

\_\_\_\_\_

**COUNSELING/MEDICAL HISTORY**

Have you previously seen a counselor? Yes No

If yes, what did you find most helpful in therapy?

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If yes, what did you find least helpful in therapy?

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**CHEMICAL USE AND HISTORY**

Do you currently use alcohol? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, how often do you drink? \_\_\_\_\_ Daily \_\_\_\_\_ Weekly \_\_\_\_\_ Occasionally \_\_\_\_\_ Rarely

If yes, how much do you drink? \_\_\_\_\_ (#) per time.

Do you currently use tobacco? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, how much do you smoke/chew? \_\_\_\_\_

Do you currently use any other drugs? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, what drugs do you use? \_\_\_\_\_

If yes, how often do you use? \_\_\_\_\_ Daily \_\_\_\_\_ Weekly \_\_\_\_\_ Occasionally \_\_\_\_\_ Rarely

Have you received any previous treatment for chemical use? Y/N \_\_\_\_\_

If so, where did you go? \_\_\_\_\_

\_\_\_\_\_ Inpatient \_\_\_\_\_ Outpatient

**ADOLESCENTS** (please answer the following with Y/N)

Have you ever used more than 1 chemical at the same time to get high? \_\_\_\_\_

Do you avoid family activities so you can use? \_\_\_\_\_

Do you have a group of friends who also use? \_\_\_\_\_

Do you use to improve your emotions such as when you feel sad or depressed? \_\_\_\_\_

**LEGAL ISSUES**

Please list any legal issues that are affecting you or your family at present or have had a significant effect upon you in the past. \_\_\_\_\_

**FAMILY HISTORY**

Are your parents married or divorced? \_\_\_\_\_

Do you think their relationship is good? Y/N /Unsure) \_\_\_\_\_

If your parents are divorced, whom do you primarily live with? \_\_\_\_\_

How often do you see each parent? Mom \_\_\_\_\_ % Dad \_\_\_\_\_ %.

Did you experience any abuse as a child in your home (physical, verbal, emotional, or sexual) or outside your home? Please describe as much as you feel comfortable.

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**FAMILY CONCERNS** (Please check any family concerns that your family is currently experiencing.)

- |  |  |
|--|--|
| <input type="checkbox"/> Fighting                          | <input type="checkbox"/> Disagreeing about relatives       |
| <input type="checkbox"/> Feeling distant                   | <input type="checkbox"/> Disagreeing about friends         |
| <input type="checkbox"/> Loss of fun                       | <input type="checkbox"/> Alcohol or Drug use               |
| <input type="checkbox"/> Lack of honesty                   | <input type="checkbox"/> Trauma                            |
| <input type="checkbox"/> Medical Concerns                  | <input type="checkbox"/> Infidelity (couple)               |
| <input type="checkbox"/> Education problems                | <input type="checkbox"/> Divorce/separation                |
| <input type="checkbox"/> Financial problems                | <input type="checkbox"/> Issues regarding remarriage       |
| <input type="checkbox"/> Death of a family member          | <input type="checkbox"/> Birth of a child                  |
| <input type="checkbox"/> Inadequate health insurance       | <input type="checkbox"/> Job change or job dissatisfaction |
| <input type="checkbox"/> Inadequate housing/feeling unsafe | <input type="checkbox"/> Other                             |

Other concerns not listed:

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**PEER RELATIONS**

How do you consider yourself socially:  outgoing  shy  depends on the situation

Are you happy with the number of friends you have? (Y/N) \_\_\_\_\_

Have you ever been bullied? (Y/N) \_\_\_\_\_

Are your parents happy with your friends? (Y/N) \_\_\_\_\_

Are involved in any organized social activities (e.g. sports, scouts, music)?

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**SCHOOL HISTORY**

Do you like school? (Y/N) \_\_\_\_\_

Do you attend regularly? (Y/N) \_\_\_\_\_

What are your current grades? \_\_\_\_\_

Do you feel you are doing the best you can at school? (Y/N) \_\_\_\_\_

Is there anything else you would like me to know:

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Please note that the information is important for your child's care. Please fill out forms as completely as possible and have them ready before your first counseling session.

**ADOLESCENT INTAKE FORM (ages 12-17)**  
**(To Be Filled Out by the Parent(s))**

**Adolescent's Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

Mother's/Guardian's Name: \_\_\_\_\_

Phone Contact: Home: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_

Mother's/Guardian's Physical Address: \_\_\_\_\_

\_\_\_\_\_  
Mother's/Guardian's Mailing Address: \_\_\_\_\_

Father's/Guardian's Name: \_\_\_\_\_

Phone Contact: Home: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_

Father's/Guardian's Physical Address: \_\_\_\_\_

\_\_\_\_\_  
Father's/Guardian's Mailing Address: \_\_\_\_\_

**CURRENT HOUSEHOLD AND FAMILY INFORMATION**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Living with you? Y/N \_\_\_\_\_

Relationship (parent, sibling, etc): \_\_\_\_\_ Type (bio, step, etc): \_\_\_\_\_

(If additional space is need please list on the back of page)

**Current Reason for Seeking Counseling for Your Adolescent:**

Briefly describe the problem for which your adolescent is seeking counseling?

\_\_\_\_\_

What would you like to see happen as a result of counseling?

\_\_\_\_\_

What is most concerning right now?

\_\_\_\_\_

**COUNSELING HISTORY**

Have your son or daughter previously seen a counselor?  Yes  No If Yes, where:

\_\_\_\_\_

Approximate Dates of Counseling:

\_\_\_\_\_

For what reason did your son or daughter go to counseling?

\_\_\_\_\_

Does your son or daughter have a previous mental health diagnosis?

\_\_\_\_\_

What did you find most helpful in therapy?

\_\_\_\_\_

What did you find least helpful in therapy?

\_\_\_\_\_

Has your son or daughter used psychiatric services? Yes \_\_\_ No \_\_\_ If yes, who did they see?

\_\_\_\_\_

If yes, was it helpful? N/A \_\_\_ Yes \_\_\_ No \_\_\_\_\_

Has your son or daughter taken medication for a mental health concern? Yes \_\_\_ No \_\_\_\_\_

Does your son or daughter have other medical concerns or previous hospitalizations? Y/N \_\_\_\_\_

If so, please describe: \_\_\_\_\_

\_\_\_\_\_

### **CHILD'S DEVELOPMENT**

Were there any complications with the pregnancy or delivery of your child?

Yes \_\_\_ No \_\_\_ If yes, describe:

\_\_\_\_\_

Did your child have health problems at birth? Yes \_\_\_ No \_\_\_\_\_ If yes, describe:

\_\_\_\_\_

Did your child experience any developmental delays (e.g. toilet training, walking, talking)?

Yes \_\_\_ No \_\_\_ Not sure \_\_\_\_\_ If yes, describe:

\_\_\_\_\_

Did your child have any unusual behaviors or problems prior to age 3?

Yes \_\_\_ No \_\_\_ Not sure \_\_\_\_\_ If yes, describe:

\_\_\_\_\_

Has your child experienced emotional, physical, or sexual abuse?

Yes \_\_\_ No \_\_\_ Not sure \_\_\_\_\_ If yes, describe:

\_\_\_\_\_

\_\_\_\_\_

### **CHEMICAL USE**

Do you have any concerns with your son or daughter using alcohol or drugs? (Y/N) \_\_\_\_\_

If yes, please explain your concern:

\_\_\_\_\_

\_\_\_\_\_

### **INTERNET/ELECTRONIC COMMUNICATIONS USAGE**

Do you have any concerns with your son or daughter using the internet or electronic communication such as Facebook, Snapchat, Twitter, texting etc? (Y/N) \_\_\_\_\_

If yes, please explain your concern:

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### LEGAL ISSUES

Please list any legal issues that are affecting you or your family, son or daughter, at present, or have had a significant effect upon you or your son or daughter in the past.

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### FAMILY HISTORY

*(Please answer the following as best as you can, we understand that you may not be able to answer some of the questions pertaining to the other parent.)*

Father's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Ethnic Origin: \_\_\_\_\_

Total years of education completed: \_\_\_\_\_ Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Military experience? Y/N \_\_\_\_\_ Combat experience? Y/N \_\_\_\_\_

Assessment of current relationship if applicable: Poor \_\_\_\_\_ Fair \_\_\_\_\_ Good \_\_\_\_\_

Mother's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Ethnic Origin: \_\_\_\_\_

Total years of education completed: \_\_\_\_\_ Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Military experience? Y/N \_\_\_\_\_ Combat experience? Y/N \_\_\_\_\_

Assessment of current relationship if applicable: Poor \_\_\_\_\_ Fair \_\_\_\_\_ Good \_\_\_\_\_

### PARENT'S MARITAL STATUS

Single  Married (legally)  Divorced  Cohabiting  Divorce in process  Separated

Widowed  Other \_\_\_\_\_

Length of marriage/relationship: \_\_\_\_\_

If divorced, how old was your child at time of divorce? \_\_\_\_\_

If divorced, how much time does your child spend with each parent?

Mother \_\_\_\_\_%, Father \_\_\_\_\_%

**FAMILY CONCERNS** Please check any family concerns that your family is currently experiencing:

- |  |  |
|--|--|
| <input type="checkbox"/> Alcohol or drug use         | <input type="checkbox"/> Inadequate health insurance     |
| <input type="checkbox"/> Birth of a child            | <input type="checkbox"/> Inadequate housing/feeling safe |
| <input type="checkbox"/> Death of a family member    | <input type="checkbox"/> Infidelity (couple)             |
| <input type="checkbox"/> Disagreeing about friends   | <input type="checkbox"/> Issues regarding remarriage     |
| <input type="checkbox"/> Disagreeing about relatives | <input type="checkbox"/> Job change or dissatisfaction   |
| <input type="checkbox"/> Divorce                     | <input type="checkbox"/> Lack of honesty                 |
| <input type="checkbox"/> Education problems          | <input type="checkbox"/> Loss of fun                     |
| <input type="checkbox"/> Feeling distant             | <input type="checkbox"/> Medical concerns                |
| <input type="checkbox"/> Fighting                    | <input type="checkbox"/> Trauma                          |
| <input type="checkbox"/> Financial problems          | <input type="checkbox"/> Other (Describe:)               |
- 
- 

Have you or anyone in your family experienced any abuse (physical, verbal, emotional, or sexual) inside or outside of your home? Please describe as much as you feel comfortable.

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Have you or anyone in your family been treated for issues relating to depression, anxiety, suicide or other mental health disorders? If so, please describe:

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### **YOUR ADOLESCENT'S STRENGTHS**

What activities do you feel your son or daughter is successful when they try?

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What personal qualities would you say your son or daughter has?

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Who are some of the influential and supportive people, activities (e.g. walking) or beliefs (e.g. religion) in your son or daughter's life? (Please describe):

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Is there anything else you would like me to know?

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